

The Road Home

STORIES OF HOPE FROM THE ARLINGTON LIFE SHELTER

**Arlington
Life Shelter**

FALL 2023 NEWSLETTER





Stephanie R. Melchert
EXECUTIVE DIRECTOR

Dear Friend,

2023 isn't over yet, and we've already experienced many challenges, from sky-high living costs to record-breaking weather. Sometimes it feels like the trials are just too much — but I know that isn't the case.

Why? Because of you.

Your generosity, compassion and commitment to North Texas results in a stronger, more resilient community. Truly, you inspire us to continue working to bring stability and health to our neighbors facing homelessness.

Wellness is often a community effort, which is why Arlington Life Shelter is committed to making the resources for a healthy life accessible to our neighbors who are experiencing hardship and homelessness.

Inside our doors, folks without housing can find support navigating the healthcare system, resources for financial and career success, and many more services.

Flip to page 3 to read about Angela, just one example of a North Texas neighbor whose health and well-being were deeply impacted by programs made possible by you.

In this issue of The Road Home, I hope you see the difference your generosity continues to make in the health of our community. Thank you, friend. I look forward to a fall full of hope for our community because of you.

Gratefully,

Stephanie R. Melchert
Executive Director

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Our Mission:

To promote self-sufficiency by providing shelter, employment programs and transitional services for North Texans impacted by homelessness.

**Arlington
Life Shelter**

325 W. DIVISION ST.
ARLINGTON, TEXAS 76011
817-548-9885



Angela shares a thankful smile.

You Help Angela Meet Her Goals

and resources to recover and build a new, healthy life.

“Here at [Arlington Life Shelter], they provide you with second chances.”

When Angela first found out about Arlington Life Shelter, she was hesitant, not sure the support would make a difference. But she decided to take a chance and believe in herself, and in the Shelter — a choice that immediately helped her begin crafting her own healthy future.

“It’s like a family [here],” she says. “They don’t give up on you.”

At Arlington Life Shelter, Angela has the opportunity she needs to begin building a

stronger tomorrow. With the support of friends like you behind her, Angela was able to meet a longstanding goal of entering recovery at the Shelter.

She also completed Goodwill’s Job Readiness Program, learned financial skills through our Pathfinder’s Financial Coaching program and took charge of her physical health with the healthcare support available at the Shelter.

“Here at [Arlington Life Shelter], they provide you with second chances,” Angela says gratefully. Angela and many more North Texas neighbors!

Thank you for partnering with us to bring hope to life for Angela and many more North Texas neighbors!

For our North Texas neighbors like Angela, your generosity is instrumental in making health, wellness and hope a reality.

Angela has lived with a substance abuse disorder for several years, a challenge that has affected her health, daily life and family relationships. She’s been searching for the right support, encouragement

The Boys & Girls Club Stands Alongside Arlington Life Shelter



the enrichment needed to enjoy childhood while also learning essential life skills. When the opportunity came along to open an on-site Boys & Girls Club at Arlington Life Shelter, she jumped.

“It has been a great opportunity making a difference in the lives of kids.”

“We’re igniting a spark in them [children experiencing housing insecurity] to dream about what is possible,” Daphne says. “When they realize what they want to do, we want to give them the tools to do it.”

The collaboration between Arlington Life Shelter and the Boys & Girls Club of Greater Tarrant County is one of the first of its kind. The Club is an opportunity for kids to “be kids” — and a place for parents to stay connected.

The Arlington Life Shelter Boys & Girls Club provides after school programming for children staying in the Shelter, as well as enrichment during school breaks.

Thank you for making it possible for children learn new skills and create new memories to last a lifetime!

At the Boys & Girls Club of Greater Tarrant County site at Arlington Life Shelter, Daphne’s team changes lives every day. “It has been a great opportunity making a difference in the lives of kids,” she says.

As CEO, Daphne spends her days ensuring children can find

Your Compassion Brings Alvina's Family Hope



Alvina looks forward to a bright future thanks to you.

13-year-old Lavant is an incredibly talented artist — so talented, in fact, that his school awarded him a scholarship to attend a local art camp and hone his comic-book illustrating skills.

Alvina, Lavant's mother, is so proud of his talent and dedication. Every day, she looks for ways to bring more security

and hope to her son's life. That's why she chose to come to Arlington Life Shelter.

"It was the theme of [Arlington Life Shelter] that resonated with me," Alvina says. "What they offered...helped me get back on track."

Stability has always been the main goal in Alvina's life, but it was often hard to find — or make — without help.

At Arlington Life Shelter, Alvina completed Pathfinder's Financial Coaching program, worked through the Expanded Food & Nutrition Education program and learned valuable parenting skills at Arlington Life Shelter's Women's Center.

Now, Alvina has a goal of having her own home.

"What they offered...helped me get back on track."

"We moved around a lot, even as a child, so I don't want that for my son," she says.

Because of your generosity, Alvina now has the tools she needs to build a hopeful future for her and her son!

Thank you for being a valued partner of Arlington Life Shelter!

SUPPORT ARLINGTON LIFE SHELTER ON NORTH TEXAS GIVING DAY! HELP US MEET OUR GOAL OF \$65,000.

Thursday, September 21, 2023 is North Texas Giving Day, an online giving event for non-profits all over North Texas.

Donate to Arlington Life Shelter and make a lasting impact in the lives of neighbors navigating homelessness. Your support helps us continue our mission to provide shelter, meals, and vital support services for homeless individuals and families on their path to self-sufficiency.

Use the QR code to make your donation. Early Giving opens on Friday, September 1.

Give with purpose this North Texas Giving Day to help create a brighter future for folks experiencing homelessness by supporting Arlington Life Shelter!

— 9.21.23 —
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